

**Date Sensitive Material
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April 10-13**

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**Don't Miss Opening Night:
Saturday, April 18, 7:30 p.m. in Old Westbury, NY
Trending but Troubling**

Meet Your Presenters



Dr. Alanzo Smith is a dynamic public speaker addressing today's most pressing issues affecting Family and Society. Drawing from his experience as a Marriage and Family Therapist and Mental Health Counselor, he delivers powerful, practical, and inspiring messages with warmth and humor. He serves as President of the Greater New York Conference, is the author of six books, and is an adjunct professor at

Andrews University. Having traveled to over 70 countries, he brings a global perspective and deep biblical insight to every audience. To hear him is to be blessed.



Dr. Lyudmyla Demyan is a Surgical Oncology Fellow at Memorial Sloan Kettering Cancer Center, with clinical and research interests in cancers of the liver, pancreas, and biliary system. She received her medical degree

from UCLA and completed her general surgery residency at the Zucker School of Medicine at Hofstra/Northwell. Dr. Demyan is also dedicated to mentorship, education, and community service, connecting science, prevention, and outreach to improve health beyond the hospital.

Location
Old Westbury
Church Auditorium
211 Jericho Tpke
Old Westbury, NY 11568



Don't Miss this Event!

Optional registration
(highly recommended)
ALL ARE WELCOME TO COME!

To register go to:
AttendSeminar.Live/OldWestbury



The Family Enrichment Series

Restoring the broken places



Begins: Saturday, April 18, 7:30 p.m. in Old Westbury, NY

FREE Admission ■ **FREE Study Materials**

FREE Gifts and Giveaways Nightly ■ **FREE Light Refreshments**

Come: Bring a Friend, Your Family, Relax and Enjoy!



The Family Enrichment Series

Restoring the broken places

You will discover and learn how to:

- Discover principles that help strengthen families and restore relationships
- Learn practical ways to bring peace, unity, and purpose into your home
- Gain tools for better communication and deeper understanding
- Find encouragement, friendship, and a supportive community
- Leave each evening with simple, practical ideas you can apply right away

Do our lifestyle choices really make a difference?

Do you want to discover the keys to stronger families, deeper relationships, and a more meaningful life? If so, the Family Enrichment Series: Restoring the Broken Places is for you! Join us for a learning experience that is not only informative, but inspiring. This series will share practical principles for strengthening families, restoring relationships, and building lasting foundations, drawn from timeless biblical wisdom, thoughtful research, and real-life experiences.

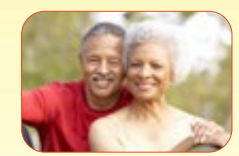
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Session 1 | Sat., April 18, 7:30 p.m.
Dr. Alanzo Smith
 Trending but Troubling

Health Nugget,
Dr. Lyudmyla Demyan, MD, MS
 Wired to Tired. How stress affects your mind, body and spirit.



Session 2 | Sun., April 19 • 7:30 p.m.
Dr. Alanzo Smith
 When Fire Marries Stone

Health Nugget,
Dr. Lyudmyla Demyan, MD, MS
 Movement is Medicine. The strongest "prescription" is free.



Session 3 | Mon., April 20 • 7:30 p.m.
Dr. Alanzo Smith
 Rejection Without Direction



Session 4 | Tues., April 21 • 7:30 p.m.
Dr. Alanzo Smith
 The Accusing Woman



Session 5 | Wed., April 22 • 7:30 p.m.
Dr. Alanzo Smith
 Bad Dreams, Old Superstition

Health Nugget,
Dr. Lyudmyla Demyan, MD, MS
 Invisible Fire. How inflammation fuels chronic disease and how to cool it.



Session 6 | Thurs., April 23 • 7:30 p.m.
Dr. Alanzo Smith
 The Predicament



Session 7 | Fri., April 24 • 7:30 p.m.
Dr. Alanzo Smith
 The Fear of Death

Health Nugget,
Dr. Lyudmyla Demyan, MD, MS
 Small Food Swaps, Big Wins. Building habits that heal.



Session 8 | Sat., April 25 • 11:00 a.m.
Dr. Alanzo Smith
 It Sounds Good