

AN EXCITING LIFE-CHANGING
HEALTHY LIVING EVENT!



Register online at: AttendHealth.Live/Oberlin

Health and Happiness Seminar

Beginning: Friday, Aug. 15, 7:00 p.m.

Park Street Seventh-day Adventist Church • 99 S. Park Street • Oberlin, OH

Health and Happiness Seminar

Opening Session: Friday, Aug. 15, 7:00 p.m.

Lifestyle -

- God's original plan regarding health
- Modern medical treatments versus natural healing methods
- Lifestyle changes that promote long term health

Second Session:

Saturday, Aug. 16 • 11:00 a.m.

General Diseases -

- Role of diet and nutrition in disease prevention and recovery

Third Session:

Sunday, Aug. 17 • 10:00 a.m.

- Guidance on how to make substantial changes within the family and community

Saturday, Aug 16 • 5:00 p.m.

- Cancers
- Heart Disease
- Diabetes
- COVID



- Individual Counseling Sessions
- Question and Answer Segment
- Product Sales

Continuing Sessions:

Monday, Aug. 18 • 7:00 p.m.

- Depression

Wednesday, Aug. 20 • 7:00 p.m.

- Abundant Life

Friday, Aug. 22 • 7:00 p.m.

- Exercise

Saturday, Aug. 23 • 11:00 a.m.

- Water

Sunday, Aug. 24 • 7:00 p.m.

- Immune System

Monday, Aug. 25 • 7:00 p.m.

- Nutrition

Wednesday, Aug. 27 • 7:00 p.m.

- Rest

Friday, Aug. 29 • 7:00 p.m.

- Sunshine

Saturday, Aug. 30 • 11:00 a.m.

- Trust In God

Meet Our Guest Presenters

Dr. Mamon Wilson

Presenting:

August 15-17

Mamon Wilson, a Gospel/Medical Missionary Evangelist for 50+ years, co-founded Centurion Bible School to train others in medical missions and holistic spiritual health worldwide.

Elder Gerald Steward

Presenting:

August 18-30

Gerald Steward, a 25-year Elder at Park Street SDA Church, promotes health, faith, and service—offering lifestyle guidance rooted in wellness, education, and spiritual wholeness.

Host Pastor: Maurice Howell

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